ESENCIA

WELLNESS

SERVICE MENU

SERVICE MENU

HOUSE TREATMENTS
MASSAGE MENU

FACIAL CEREMONIES
FACIAL MENU

WELLNESS MENU
FULL TREATMENTS

BODY TREATMENTS
BODY WRAPS

COUPLES EXPERIENCES

HYDROTHERMAL EXPERIENCE

ADD-ONS

ESENCIA SPA DAY MENU

Our spa services focus on body, mind, and spirit through a range of elegant treatments characteristic of UNICO 20°87°, as well as beauty rituals inspired by the location.

Prices are in U.S. dollars and are subject to change without prior notice. Services are subject to availability. A service fee will be applied to treatments according to your contract or current promotion. All services require prior reservation. No refunds will be given if a guest does not show up for a scheduled service; "no-shows" will be charged at full price. Changes or cancellations must be made at least 24 hours before the appointment.

HOUSE TREATMENTS

ESENCIA 50 MIN $280 USD / COUPLES $610 | 80 MIN $380 USD / COUPLES $810
A combination of traditional massage movements that promote relaxation and body detoxification through gentle motions that stimulate blood circulation, helping to balance body energy.

ÚNICO 20°87° 80 MIN $450 USD / COUPLES $950
Designed to relieve deep muscle tension, improve flexibility, and increase range of motion through slow and smooth movements with specific pressure.

VOLCANIC STONES 80 MIN $450USD / COUPLES $950
Combines the healing properties of warm, smooth stones with a restorative massage to relieve muscle pain, tension, and accumulated fatigue. This treatment balances mind, body, and soul.

HARMONY 80 MIN $450 USD / COUPLES $950
Renew your senses and connect your mind, body, and spirit with this personalized blend of aromatic oils and traditional massage techniques, including Swedish, deep tissue, hot stones, and reflexology.

ESENCIA SIGNATURE 50 MIN $420 USD
An exceptional treatment performed by two therapists who create a synchronized four-hand massage choreography.

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FACIAL CEREMONIES

ANTI-AGING CHALLENGE 50 MIN $370 USD

A treatment with ultra-nourishing active ingredients and facial massages that restore youthfulness to the face, brighten the skin, and recover the definition and firmness of the facial contour.

BOTANICAL 50 MIN $370 USD

A treatment that strengthens and restores beauty to sensitive skin. Revitalize your skin with an exclusive combination of botanical ingredients that combat micro-inflammation, the leading cause of premature aging, and help prevent sagging.

DEFENSE & HYDRATION 80 MIN $450 USD

A facial treatment that provides deep hydration and intense skin protection, softening and improving skin elasticity. Ingredients promote collagen production, enhancing skin elasticity, smoothness, and firmness, resulting in a plumper and more radiant complexion.

DETOXIFYING 80 MIN $450 USD

A deep facial cleansing using organic and vegan products that help the skin eliminate impurities, remove damage caused by pollution, and restore a radiant and luminous appearance.

FOR MEN 80 MIN $450 USD

Specially designed to care for, protect, and preserve the youthfulness of men's skin. A revitalizing, detoxifying, and firming facial treatment that combats signs of aging while offering soothing, refreshing, and anti-fatigue properties.

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WELLNESS MENU

20° 87 ORGANIC REBIRTH 130 MIN $650 USD

An exclusive and extraordinary facial and body ritual that releases accumulated tension and restores radiance and youthfulness to the face. The perfect combination of exfoliation, body wrap, relaxing body massage, and antioxidant facial allows you to experience a true renewal at every moment.

LEGENDARY ANTIOXIDANT 130 MIN $650 USD

This treatment immerses you in a citrus-infused energy, intensely hydrating, firming, and helping to minimize signs of aging on the skin. Experience visibly revitalized, more elastic, and luminous skin.

BLUE AGAVE 130 MIN $650 USD

Inspired by Mexican traditions, this treatment focuses on the use of blue agave as a powerful hydrating agent, bathing the skin in antioxidants and anti-aging properties. A ritual that provides deep relaxation through massage, radiance with exfoliation, and intense hydration through a body wrap, while you enjoy a facial that brightens and nourishes the skin.

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BODY TREATMENTS

SUNBURN WRAP 50 MIN $320 USD

This essential treatment is designed to relieve discomfort caused by excessive sun exposure, with a refreshing wrap that reduces redness and skin inflammation.

MAYAN EXFOLIATION 50 MIN $320 USD

A refreshing exfoliation with stimulating movements, using natural ingredients such as cocoa, leaving the skin soft to the touch and absolutely radiant.

PERFECT SILHOUETTE 80 MIN $450 USD

A deep treatment specially designed to reduce localized fat. The combination of active ingredients and targeted massage provides anti-cellulite, draining, and reshaping benefits.

CITRUS TREATMENT 80 MIN $450 USD

Indulge your skin with an infusion of citrus energy through this treatment, which uses a highly concentrated vitamin C emulsion to protect it from dryness and premature aging.

XOCOLATL 80 MIN $450 USD

A softening, nourishing, and relaxing treatment that promotes well-being and happiness thanks to the properties of cocoa.

VEGAN MASSAGE & WRAP 110 MIN $500 USD

A body treatment designed to intensely firm the tissues. A combination of exfoliation with salts and essential oils, a body wrap that restores skin elasticity and firmness, and a personalized massage. This treatment is ideal for disconnecting from routine and releasing physical and mental tension in a relaxing and immersive atmosphere.

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COUPLES EXPERIENCES

A space designed to offer a unique relaxation experience, with luxury amenities and treatments that create the ideal ambiance for sharing a special moment as a couple.

MAYAN ROMANCE 170 MIN $1800 USD
40 MIN PRIVATE HYDROTHERAPY - 130 MIN CACAO RITUAL
Facial and body treatment designed to soften and renew the skin. It begins with an exfoliation that gently removes dead skin cells, followed by a body wrap and a facial with anti-aging properties. The experience concludes with a cocoa oil massage that soothes tired muscles and induces deep relaxation.

AGAVE RETREAT 170 MIN $1800 USD
40 MIN PRIVATE HYDROTHERAPY - 130 MIN ANTIOXIDANT RITUAL
Comience el viaje con un masaje energético seguido de una exfoliación corporal, una envoltura y un tratamiento facial con productos inspirados en la herbolaria mexicana para restaurar la piel, la mente y el cuerpo.

UNICO VEGAN RITUAL 130 MIN $1600 USD
40 MIN PRIVATE HYDROTHERAPY - 30 MIN EXFOLIATION - 60 MIN MASSAGE
A three-salt body exfoliation awakens the skin and prepares it for a personalized massage with oils designed to relax and release tension according to the client's needs. Especially indicated for those who wish to disconnect from routine and relieve physical and mental stress.

CITRUS BODY PERFECTION 130 MIN $1600 USD
40 MIN PRIVATE HYDROTHERAPY - 30 MIN EXFOLIATION AND WRAP – 60 MIN MASSAGE
An antioxidant treatment that starts with an exfoliation and a wrap made of bitter orange and tangerine, concluding with a revitalizing body oil massage featuring citrus, cypress, sage, and rosemary.

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ADD-ONS

RELAXING LEG TREATMENT 25 MIN $90 USD

Immediate freshness for your legs with a touch of mint and eucalyptus.

BODY EXFOLIATION 25 MIN $90 USD

Express exfoliation to leave your skin soft and flawless

SCALP MASSAGE 25 MIN $90 USD

Scalp massage with essential oils to relax and renew both body and mind

HYDROTHERMAL EXPERIENCE

Find stillness for your body, soul, and mind by immersing yourself in an atmosphere of emotional healing. The temperature contrasts offer your body an energizing boost of well-being. Let yourself be carried away by moments of deep relaxation and healing through water.

RELAXING HYDROTHERMAL EXPERIENCE 60 MIN $60 USD

DELUXE HYDROTHERMAL EXPERIENCE 90 MIN $99 USD

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